

Terrain Details Coastal Costa Brava Camino

Sant Feliu- Platja d'Aro

Walking up to 5.5 miles today along a mixed terrain, for approximately 4 hours. We will start walking along a rugged coastal path with some steep descents, including steps, to continue on a gentle granite path along the sea-front promenade.

High point: 164ft

Accumulated elevation gain + 561ft./ - 583 ft.

Palamós-Llafranc

We will walk 8 miles today for approximately 5 hours, through the Natural Park and along the coast. Be prepared for both sandy coastal trails and dirt trails with some rocks, and some uphill climbing.

High point: 367 ft.

Accumulated elevation gain +1305 ft./ -1279 ft.

Far de St. Sebastià-Begur

4-5 hours of hike for approximately 7.5 miles. Please note that there is a change in elevation of approx. 1600 feet. With some steep ascents and descents and mixed terrain including steps, rugged narrow paths with dirt and rocks and paved roads.

High point: 685 ft.

Accumulated elevation gain: +1587 ft./ -1414 ft.

Cadaqués-Cap de Creus

Walking Approximately 5 miles today up to 3-4 hours, along an undulating rocky trail with loose gravel on a gradual ascent to Cap de Creus.

High point: 216 ft.

Accumulated elevation gain: + 652ft./ - 606ft.

Cap de Creus-Port de la Selva

Approximately 5 hours hike for 7 miles today. For the remainder of the hike, you will be walking on trails with no shade for most part of the day. Mostly on dirt roads but be prepared for some sections on loose gravel trails with some steep downs and ups and occasionally strong "Tramuntana" wind.

High point: 643 ft.

Accumulated elevation gain: + 990ft. / - 1112ft.